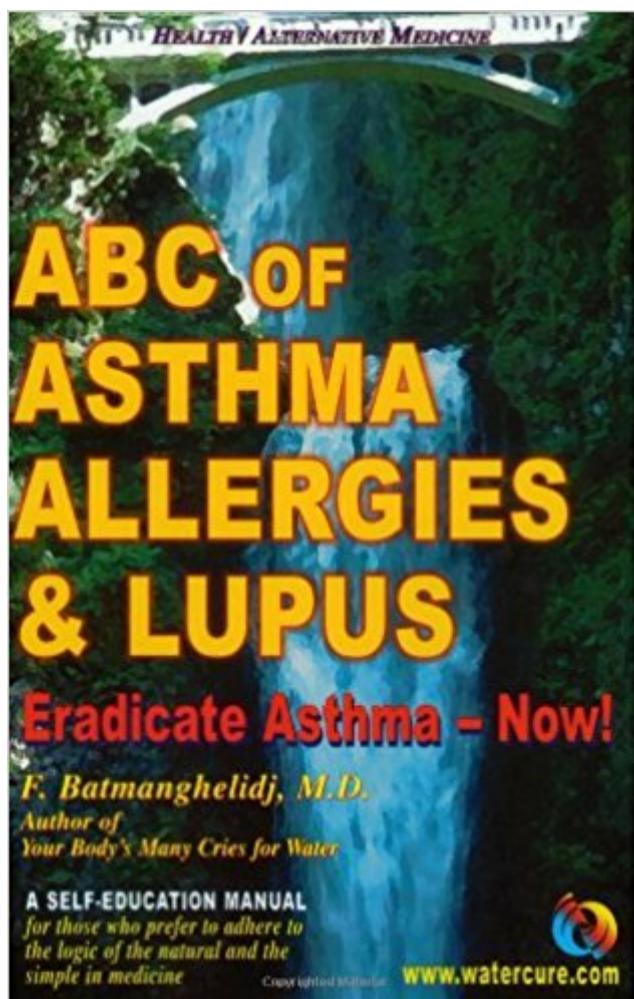


The book was found

ABC Of Asthma, Allergies And Lupus: Eradicate Asthma - Now!



Synopsis

Breakthrough scientific information uncovers the real cause of asthma, allergies and lupus. It reveals the way to treat these conditions naturally, simply and at no cost -- initial steps towards asthma eradication.-- Astonishingly simple guidebook for the nation's 17 million asthmatics -- 14 million of them innocent children and the 50 million who suffer from allergies.-- Why Asthma, Allergies and Lupus are actually your body's way of alerting you to an urgent need for water... and how to recognize your body's true thirst signals.-- In-Depth Answers to your most frequently-asked questions about asthma and allergies.-- Breakthrough Information on the many constructive roles of salt and cholesterol in the body.

Book Information

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Average Customer Review: 4.3 out of 5 stars 41 customer reviews

Best Sellers Rank: #340,395 in Books (See Top 100 in Books) #6 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma #10 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #23 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases

Customer Reviews

"He's been arguing for a new scientific approach that turns clinical medicine on its head." -- The Daily Telegraph, London, England

Batmanghelidj attended school in Scotland and received his medical training at London University's St. Mary's Hospital Medical School. Dr. Batmanghelidj now dedicates his time to promoting public awareness of the healing power of water.

I have been suffering from allergies for a long time. I heard about dr. Batmanghelidj and had to find out more. So I ordered this book. It is a very easy read and chock full of information. I have followed

his prescription to end my chronic dehydration. I have been doing this now for about 3 months. It has made an enormous difference in my health. I have lost about 40 pounds and have just about eliminated my allergies. I don't sneeze, cough or itch at all. I have stopped taking my daily allergy medications and feel so much better. I give all the credit to reading this book and using dr. Batmanghelidj's methods.

Drink 10 glasses of water per day and put a pinch of sea salt on your tongue. I'll try it! And I already have the supplies. An interesting thing mentioned in the book is "just because you don't like the taste of tap water, doesn't mean it will dehydrate you." And that you can let tap water sit for 30 minutes in an open jug and the chlorine will be released. Very easy to read, especially if you skip over the testimonials. Read it all in one sitting.

If you are a fan of Dr. Batman (and heaven knows I am) you have to read this book. It is an accompaniment for his other books, "You're not sick, you're thirsty" and "your body's many cries for water". Rehashes some of the information in the other books but is necessary, just in case the reader hadn't read the other books first. If you have a family member with these problems (as I do) PLEASE, PLEASE, PLEASE give this book a chance. It could save their lives.

See my other reviews on the same author. He has hit the nail on the head as pertaining to our health causes and health issues. You won't regret giving your time to reading any of his books, or listening to some of his interviews on You Tube.K. Harman

Excellent book! We have helped many people by sharing this book. It is a huge piece of the puzzle. Well written and practical.

In the past I was one who did not think drinking water unless I was thirsty was needed. This book changed my thinking on this matter. I am now a pure water drinker - 60-70 ounces per day.

I can't speak to the results this book will bring, but it makes sense. Mr. Batmanghelidj describes some of the molecular processes of the body in clear understandable detail. I definitely recommend the book to anyone interested. Everything he describes is harmless and worth a try.

Great to find this book a very good read!

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ABC: Baseball ABC (ABC BOOK, ABC FOR KIDS, ABC, ABC BOOK FOR KIDS, FRUIT'S ABC, CHILDREN EARLY LEARNING, A to Z, Book of ABC's, Potty Training & Preschool ... Habitats, Children's Books, ABC's) ABC of Asthma, Allergies and Lupus: Eradicate Asthma - Now! Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Food Allergies: The Complete Guide to Understanding and Relieving Your Food Allergies Hidden Food Allergies: The Essential Guide to Uncovering Hidden Food Allergies-and Achieving Permanent Relief Allergies At School: Ways to increase the safety and awareness of life-threatening food allergies at school The Lupus Diet Plan: Meal Plans & Recipes to Soothe Inflammation, Treat Flares, and Send Lupus into Remission Coping with Lupus: A Guide to Living With Lupus for You and Your Family Dubois' Lupus Erythematosus and Related Syndromes E-Book: Expert Consult - Online (Dubois Lupus Erythematosus) Connective Tissue Diseases: Holistic Therapy Options--Sjogrens Syndrome; Systemic Sclerosis - Scleroderma; Systemic Lupus Erythematosus; Discoid Lupus Erythematosus; Secondary and Primary Raynauds phenomenon; Raynauds Disease; Polymyositis Dermatomyositis Lupus Diary: Track Your Life with Lupus--Body, Mind, and Spirit The Lupus Guide: An education on and coping with Lupus When Lupus Throws You For A Loop: A Handbook For The Newly Diagnosed, Lupus Veterans, And For Those Who Love Them The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Coping With Lupus: A Practical Guide to Alleviating the Challenges of Systemic Lupus Erythematosus A Decade of Lupus: Selections from Lupus News Healing Lupus Naturally: Science-Based Natural Lupus Remedies Your Doctor Doesn't Want You to Know About

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